

CHECKLIST 1: Key Factors in Choice of PrEP Regimen

Individual Preferences and Regimen Considerations		SC LEN	CAB LA	TDF/FTC	TAF/FTC
Individual's potential risk exposures	Rectal	✓	✓	✓	✓
	Vaginal	✓	✓	✓	✓
	Penile	✓	✓	✓	✓
	Blood			✓	
Individual's preferred administration method	Pill			✓	✓
	IM injection		✓		
	SC injection	✓			
Individual's preferred dosing schedule	Daily			✓	✓
	Before and after sex, 2-1-1 (rectal or penile exposures) or 2-1-1-1 (vaginal exposure)			✓	
	Bimonthly injections (first 2 are 4 weeks apart)		✓		
	Every 6 months	✓			
Required lab testing schedule	At least every 2 months		✓		
	At least every 3 months			✓	✓
	At least every 6 months	✓			
Regimen-specific limitations to consider	Renal dysfunction	✓	✓		✓
	Osteoporosis or risk of	✓	✓		✓
	Chronic HBV infection			Daily only	✓
	Generic formulation available			✓	
	Using gluteal fillers (e.g., silicone)	✓		✓	✓
	Pregnant, breast/chestfeeding, or planning pregnancy	✓	✓	✓	✓

Abbreviations: CAB LA, long-acting injectable cabotegravir (Apretude); HBV, hepatitis B virus; IM, intramuscular; PrEP, pre-exposure prophylaxis; SC LEN, subcutaneous lenacapavir (Yeztugo); TAF/FTC, tenofovir alafenamide/emtricitabine (Descovy); TDF/FTC, tenofovir disoproxil fumarate/emtricitabine (Truvada).