



CLINICAL GUIDELINES PROGRAM

NEW YORK STATE DEPARTMENT OF HEALTH AIDS INSTITUTE | HIV · HCV · SUBSTANCE USE · LGBT HEALTH

PrEP to Prevent HIV and Promote Sexual Health

May 2022

CHECKLIST 2: KEY FACTORS IN CHOICE OF PrEP REGIMEN				
Patient Preferences and Regimen Considerations		CAB LA	TDF/FTC	TAF/FTC
Patient's potential risk exposures	Rectal	✓	✓	✓
	Vaginal	✓	✓	
	Penile	✓	✓	✓
	Blood		✓	
Patient's preferred administration method	Pill		✓	✓
	IM injection	✓		
Patient's preferred dosing schedule	Daily		✓	✓
	Before and after sex (2-1-1 dosing)		✓	
	Bimonthly injections (first 2 are 4 weeks apart)	✓		
Required lab testing schedule	At least every 2 months	✓		
	At least every 3 months		✓	✓
Regimen-specific limitations to consider	Renal dysfunction	✓		TGW or MSM
	Osteoporosis or risk of	✓		TGW or MSM
	Chronic HBV infection		Daily only	Daily only
	Generic formulation available		✓	
	Using gluteal fillers (e.g., silicone)		✓	✓
	Pregnant, breastfeeding, or planning pregnancy	ND	✓	ND

Abbreviations: CAB LA, long-acting injectable cabotegravir (brand name Apretude); HBV, hepatitis B virus; IM, intramuscular; MSM, men who have sex with men; ND, no data; PrEP, pre-exposure prophylaxis; TAF/FTC, tenofovir alafenamide/emtricitabine (brand name Descovy); TDF/FTC, tenofovir disoproxil fumarate/emtricitabine (brand name Truvada); TGW, transgender women.