



# CLINICAL GUIDELINES PROGRAM

NEW YORK STATE DEPARTMENT OF HEALTH AIDS INSTITUTE | HIV • HCV • SUBSTANCE USE • LGBT HEALTH

## Comprehensive Primary Care for Adults With HIV

December 2022

Table 2: Psychosocial, Behavioral Health, Sexual Health, and Well-Being Assessment of Adults With HIV				
*Frequency Key: I = initial (baseline) visit; A = annual visit; N = as needed				
Assessment	To Include	Frequency*		
		I	A	N
Gender and Sexual Identity				
Gender identity	<ul style="list-style-type: none"><li>Current gender identity and sex assigned at birth</li><li>Pronouns</li></ul>	I	A	N
Current sexual identity	<ul style="list-style-type: none"><li>History of sexual identity</li></ul>	I	A	N
Gender transition	<ul style="list-style-type: none"><li>Gender transition goals; successes and challenges</li><li>History of, planned, or desired gender-affirming surgery</li><li>Current, past, or planned use of gender-affirming hormones</li><li>Source of gender-affirming hormones</li><li>Adverse effects of gender-affirming treatments</li></ul>	I		
Inventory of sexual organs	<ul style="list-style-type: none"><li>Presence or absence of penis, testes, prostate, breasts, vagina, cervix, uterus, and ovaries; determination of patient’s preferred terms for body parts</li></ul>	I	A	N
Current Psychosocial Status and History				
Housing	<ul style="list-style-type: none"><li>Housing stability or connection to resources if housing is unstable</li><li>Relocation plans</li><li>Monitor for signs of housing instability.</li></ul>	I	A	N
Family and other significant relationships and responsibilities	<ul style="list-style-type: none"><li>Immediate and extended family members as defined by the patient</li><li>Significant relationships</li><li>HIV disclosure status</li><li>Financial and care-giving dependents, including children, spouse or life partner, aging parents, and extended or chosen family members</li><li>Community support, including functional needs and agency or family assistance</li><li>Transportation</li><li>Pets in home</li><li>Monitor for signs of instability.</li></ul>	I	A	
Interpersonal and social support network	<ul style="list-style-type: none"><li>Members of the patient’s primary interpersonal and social support network</li><li>People to whom the patient has disclosed their HIV status</li><li>Discussion of experienced and perceived stigma</li><li>Monitor for signs of instability.</li></ul>	I	A	N
Employment	<ul style="list-style-type: none"><li>Current employment status or employment goals</li><li>Access to financial support if unemployed or under-employed</li><li>Employment-associated risks to health or well-being, including stigma and discrimination</li></ul>	I	A	
Medical insurance	<ul style="list-style-type: none"><li>Access to private medical insurance, Medicaid, ADAP, or Medicare</li><li>Prescription coverage</li><li>Hospitalization coverage</li><li>Access to resources for coverage if uninsured (see NYSDOH <a href="#">Uninsured Care Programs</a>)</li></ul>	I	A	N
Incarceration	<ul style="list-style-type: none"><li>History of incarceration</li><li>Probation, parole, and other legal status</li></ul>	I		
End-of-life planning	<ul style="list-style-type: none"><li>Documented healthcare proxy</li><li>Documented preferences for end-of-life care and living will</li><li>Long-term care plans</li></ul>	I	A	

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Current Mental Health Status and History				
Mental illness	<ul style="list-style-type: none"><li>History of mental illness and treatment</li><li>Adverse reactions to medications</li><li>History of psychiatric hospitalization</li><li>Suicide risk assessment and past history of suicide attempts</li><li>Family history</li><li>See USPSTF: <a href="#">Screening for Depression in Adults</a> (2016); assess mental health using standardized tools, such as the <a href="#">PHQ-2</a>, <a href="#">PHQ-9</a>, and <a href="#">C-SSRS</a>.</li></ul>	I	A	
Trauma	<ul style="list-style-type: none"><li>History of trauma, including domestic violence; physical, verbal, sexual, or emotional abuse; or witnessed trauma</li><li>History or current experience of elder abuse</li><li>Any effects on current function and coping strategies</li></ul>	I	A	N
Stress	<ul style="list-style-type: none"><li>Current major stressors</li><li>Stress management and coping skills</li><li>Current experience or history of HIV-associated or other stigmas</li></ul>	I	A	N
Current Substance Use and History				
Alcohol	<ul style="list-style-type: none"><li>History of use, including use disorder diagnosis and treatment</li><li>Adverse reactions to medications</li><li><a href="#">Screening for current use</a>, and if indicated, risk assessment using standardized tools</li><li>If indicated, implementation of a harm reduction treatment plan</li></ul>	I	A	N
Tobacco use and vaping	<ul style="list-style-type: none"><li>Current level of tobacco use and type; smoking prevalence is high in people with HIV [Pacek and Cioe 2015]</li><li>History of use and prior treatment</li><li>Adverse reactions to medications</li></ul>	I	A	N
Use of nonprescription drugs and misuse of prescribed drugs	<ul style="list-style-type: none"><li>All types of drug use, including misused prescription medications</li><li>History of use, including use disorder diagnosis and treatment</li><li>Route of use</li><li>History of overdose</li><li><a href="#">Screening for current use</a>, and if indicated, risk assessment using standardized tools</li><li>If indicated, implementation of a harm reduction treatment plan</li></ul>	I	A	N
Sexual and Reproductive Health and History				
Sex partner(s) and activity	<ul style="list-style-type: none"><li>Current sex partner(s)</li><li>HIV, ART, and viral load status of partner(s), if known; PrEP and other measures to prevent STIs used by partner(s)</li><li>Frequency of and preferred sexual activities; challenges</li><li>History of sexual dysfunction</li><li>History of or current engagement in transactional sex</li><li>NYSDOH AI resources: <a href="#">GOALS Framework for Sexual History Taking in Primary Care</a>, <a href="#">U=U Guidance for Implementation in Clinical Settings</a></li></ul>	I	A	N
Sexually transmitted infections	<ul style="list-style-type: none"><li>History of and treatment for syphilis, gonorrhea, chlamydia, human papillomavirus, and other STIs</li><li>Source of prior treatment for any STI</li><li>Assessment of ongoing risk factors, and if indicated, implementation of harm or risk reduction plan; use of condoms or other barrier protection</li><li>Screening of all potentially exposed sites (see CDC <a href="#">Sexually Transmitted Infections Treatment Guidelines, 2021 &gt; Screening Recommendations</a> for evidence-based recommendations)</li></ul>	I	A	N

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Reproductive history	<ul style="list-style-type: none"> <li>• Offspring</li> <li>• Previous failed attempts at reproduction</li> <li>• Previous treatment for reproductive issues and source</li> <li>• Adverse effects</li> <li>• Contraceptive history</li> <li>• Previous abortion(s)</li> </ul>	I		
Reproductive goals	<ul style="list-style-type: none"> <li>• Family planning goals</li> <li>• Contraception use and options</li> <li>• Possible drug-drug interactions for individuals taking ART</li> </ul>	I		N

**Abbreviations:** ADAP, AIDS Drug Assistance Program; ART, antiretroviral therapy; CDC, Centers for Disease Control and Prevention; C-SSRS, Columbia-Suicide Severity Rating Scale; NYSDOH AI, New York State Department of Health AIDS Institute; PHQ, Patient Health Questionnaire; PrEP, pre-exposure prophylaxis; STI, sexually transmitted infection; U=U, undetectable = untransmittable; USPSTF, U.S. Preventive Services Task Force.

## Reference

Pacek LR, Cioe PA. Tobacco use, use disorders, and smoking cessation interventions in persons living with HIV. *Curr HIV/AIDS Rep* 2015;12(4):413-20. [PMID: 26391516] <https://pubmed.ncbi.nlm.nih.gov/26391516>